

What is a Person-Centred Review (PCR)?

A Person-Centred Review (PCR) is a meeting that makes sure the child or young person are involved and are at the centre of the process. PCRs focus on what is important to them now and in the future, and how best to support them.

What does a Person-Centred Review (PCR) do?

PCRs make sure that the child or young person are central to any decisions that are made. They can make sure people are living the life they want for themselves and acknowledge what is working well. PCRs also encourage everyone to think about what is not working and identify what needs to be changed. They set next steps and actions needed to achieve them. PCRs are focused on outcomes and gather great information about the person that can be shared.

What does a Person-Centred Review look like?

A PCR usually takes place in the person's school or college. A room is set up informally and there may be music and refreshments, chosen by the person. These things welcome everyone into a warm, friendly atmosphere and make people feel relaxed and valued. There are also posters on the wall that ask the following questions:

Who's here? - This gives us a record of who was at the meeting. This will usually be the SENCo, parent / carer and professionals. The child or young person can also invite a friend too.

What do we appreciate about the person? – People are invited to share positive information and things they like and admire about the young person.

What's Important for the person? - This is about moving things forward and thinking about what is important, not just now but in the future as well.

Best Support – Here we think about what others need to know or do to make sure the person is supported with the things that are important to them now and in the future.

What's Working / Not Working? – This gives the young person the chance to say what is going well or not so well in their life and gives professionals and family an opportunity to give their views too.

Outcomes and Actions – Once information has been shared, the next stage is to explore differences of opinion and generate clear outcomes that take the person closer to the future that they desire. An action plan will be written to explain who needs to do what and by when. Actions are agreed to keep things that are working and to begin to change what is not working. Outcomes and Actions are all informed by what is important to the young person, to support them towards the life they want for themselves.

What happens at a Person-Centred Review?

The school or college will help prepare for the PCR. At the meeting, a facilitator will get everyone to introduce themselves and say what they like and admire about the child or young person. After that people will be asked to record their views on the other posters. Then we use the information we have gathered to create actions. These are informed by the things that are important to the young person now and in the future, so we can move them towards life they want for themselves.

When might I be invited to a Person-Centred Review?

You may be invited to a PCR so that we can consider the best support for your child. This might be an Annual Review of an Education, Health and Care Plan or a SEN Support Provision Plan; to review progress; or to talk about a possible change in how your child's needs are met.