

# Preparation for Adulthood

Health | Employment | Housing  
Friends, Relationships and Community

## Integrated Transitions Team



### WE HELP YOUNG PEOPLE ACHIEVE OUTCOMES IN:

- Health
- Employment
- Housing
- Friends, Relationships and Community Inclusion

We are a service that works collaboratively across Birmingham to help young people, aged 14—30, transition into adulthood.

We want to improve outcomes for young people by connecting them to services and community projects in their local area.



*“Our Joint Vision is to use a life course, strength-based approach to put children, young people and families at the centre of planning to access the right information and support, for a rich and fulfilling life, with equal life chances as they transition into adulthood.”*

## WHO WE CAN SUPPORT

We can support young people, aged 14-30, including:

- Young people with Special Educational Needs and/or Disability
- Young people with statutory health and social care assessments
- Young carers who have received a young carers assessment in the last 12 months
- Young people in care or who have left the care system
- Young people attending Special Schools and Special Colleges
- Household members, aged between 16-25, who live with a young person receiving PFA support



Preparation for Adulthood

Health | Employment | Housing | Friends,  
Relationships and Community

Preparation for Adulthood

Health | Employment | Housing |  
Friends, Relationships and Community

## HOW WE CAN SUPPORT

We will combine existing ways of working to improve the outcomes for young people

We will work alongside any support service the young person is currently receiving

We will focus on what the young person wants and raise aspirations using a co-production approach

We will be a system connector for young people, their families and other services across Birmingham



The Integrated Transitions Team is an additional service that young people can choose to accept support from. It does not replace any statutory services .

## HOW TO CONNECT A YOUNG PERSON

Any service can connect with us, these will include services from; Adult Social Care, Birmingham Children's Trust, Birmingham City Council, Education and Skills, the Voluntary and Community Sector, Health and Housing providers.

As a service we can offer short term support, in this time we will help them achieve strength based outcomes and connect them to other services for longer term support.

We are happy to take Connection Requests from Young People, their families or other professionals.

The process is simple; all we ask is that if you are connecting to our service on behalf of a young person that they have given you full consent to do so.

To connect to our service please call the number in the contact section and one of our team will fill out a connection request with you.

## HOW TO CONTACT

### THE INTEGRATED TRANSITIONS TEAM

#### Email:

[PreparationforAdulthood@birmingham.gov.uk](mailto:PreparationforAdulthood@birmingham.gov.uk)

#### Website:

[birmingham.gov.uk/preparationforadulthood](http://birmingham.gov.uk/preparationforadulthood)

#### Contact Number:

0121 808 0028



Preparation for Adulthood

Health | Employment | Housing | Friends,  
Relationships and Community

Preparation for Adulthood

Health | Employment | Housing |  
Friends, Relationships and Community

Preparation for Adulthood

Health | Employment | Housing |  
Friends, Relationships and Community