

## Children and Young People's Occupational Therapy Service (CYPOT)

### Major Adaptations

#### *What is a major adaptation?*

Major adaptations can be larger changes to the environment which can assist in accommodating pieces of equipment, assisting care and support, or enabling independence. Sometimes the best approach can be to try little changes first, the aim of Occupational Therapy is always to maximise a person's abilities and independence as much as possible, however sometimes a bigger change to the environment is necessary and if required your Occupational Therapist will discuss with you why this is needed and what you might expect.

Major adaptations include items such as

Ceiling  
Track  
Hoists

Ramps

Step Lifts

Level  
Access  
Showers

Stair Lifts

Specialist  
Baths

#### *Making changes to your home*

Some families choose to undertake adaptations themselves; we would recommend seeking specialist advice prior to doing so to ensure that the adaptation will meet the intended need. If you are a council tenant or reside within a housing association or privately rented property you may need to seek permissions first. If you have permission or are the homeowner, please consider that there may be additional items to consider such as planning permissions and drainage etc.

You may find it beneficial to seek guidance from our Occupational Therapist via the Duty and Advice line to provide further information on this which may mean that you do not need to wait for an assessment from our service or alternatively you may wish to seek an assessment to assist you in your planning.

Duty & Advice Line  
0121 303 3865

Email Us  
[CYPOT@Birmingham.gov.uk](mailto:CYPOT@Birmingham.gov.uk)



### Recommended changes



Following assessment, your Occupational Therapist may 'recommend' major adaptations to support your child, this means to say that based on our professional opinion this may be the most appropriate solution right now, it is important to know that we recommend changes and solutions using a graded approach ensuring the least limiting option is tried first to maximise

independence and opportunities for development.

At this point you can choose to complete changes yourself with any relevant guidance or your Occupational Therapist can request the council to complete this for you by making a referral to an adaptations team which is dependent on your property tenure (who owns your home).



### Where do we refer a major adaptations recommendation to?

#### Council Housing Adaptation (CHD)

- For council tenants only
- Funded through housing which may require means testing.
- Adaptations are carried out by a council approved contractor

0121 216 3330

#### Occupational Therapy Disabled Facilities Grants (OTDFG)

- For owner occupiers, private tenants, housing association residents.
- Funded through a means tested DFG (some exceptions apply).
- Adaptations are carried out by a council appointed contractor.
- OTDFG is a service provided by the Adult Occupational Therapy Service.

0121 303 1234

If the council completes adaptations for you (through either CHD or OTDFG), they will need to seek any relevant permissions before completing any changes and they can only carry out specifically what has been recommended by your Occupational Therapist. Adaptations may take time depending on demand levels and permissions needed, the Children and Young People's Occupational Therapy Service may not receive further information regarding your adaptation and direct contact is recommended for up to date and clear updates.

Please note that if you undertake works independently, you cannot seek retrospective funding.

