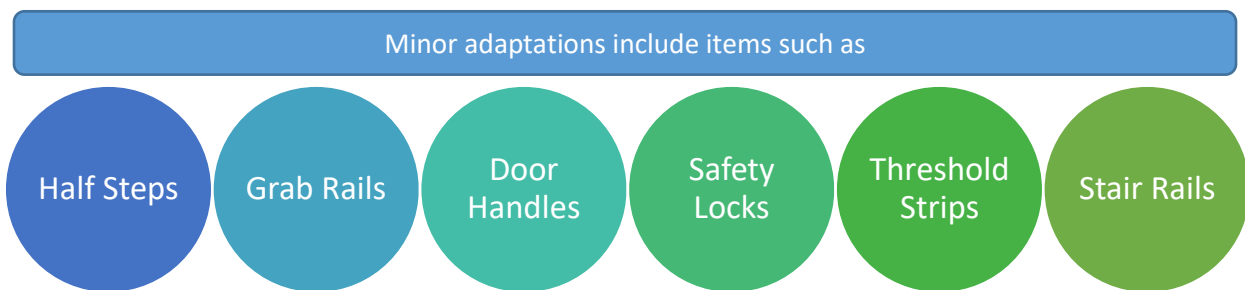


Children and Young People's Occupational Therapy Service (CYPOT)

Minor Adaptations

What is a minor adaptation?

Minor adaptations are smaller changes to the environment which can assist in accommodating pieces of equipment or facilitating general independence. Sometimes the best approach can be to try little changes first, the aim of Occupational Therapy is always to maximise a person's abilities and independence as much as possible.



Making changes to your home yourself

In the first instance, it may be more practical and effective to seek changes to your home independently. Many items for minor adaptation can be easily purchased in supermarkets, general and homewares stores and are relatively simple changes to carry out. If you are a council tenant or reside within a housing association or privately rented property you may need to seek permissions first.

You may find it beneficial to seek guidance from our Occupational Therapist via the Duty and Advice line to provide further information on this which may mean that you do not need to wait for an assessment from our service.

Recommended changes

Following assessment, your Occupational Therapist may 'recommend' minor adaptations to support your child, this means to say that based on our professional opinion this may be the most appropriate solution right now. At this point you can choose to complete changes yourself with any relevant guidance or if you are unable to do this your Occupational Therapist can request the council to complete this for you by making a referral.

If the council completes this for you, they will need to seek any relevant permissions before completing any changes and they can only carry out specifically what has been recommended by your Occupational Therapist.

Duty & Advice Line
0121 303 3865

Email Us
CYPOT@Birmingham.gov.uk

