

Nurturing ADHD

Kids

North Birmingham

Online and Face to
Face groups

Contact us for details:

LED BY ADULTS WITH ADHD

- Learn about ADHD
- Understand the effect on their mental health
- Understand the reasons behind behaviours
- Discover new strategies
- Learn how to advocate for your child
- Meet other parents
- Help our children be their best selves

Phone: 0731 116 7485

Email contactus@brewseducation.org

BREWS CIC

For more information:

Birmingham Resilience Education
and Wellbeing Services CIC

CIC Business Registration: 13240865

Support
Groups for
parents

