## **AUTISM** SUPPORT **SERVICES**

for 18-25 year Olds

A tailored programme to gain Life Skills and access your right to services in the community



Taking referrals now





Boost your confidence and learn important life skills in a welcoming space for everyone. Join our workshop to practice things like shopping, budgeting, and managing money through fun activities



Join our workshop for kitchen safety tips and using appliances responsibly. Learn to keep your workspace clean and choosing the right cleaning products with our expert guidance.



Explore our personalised support program to help you discover suitable work experience and job opportunities.Get help to access services, benefits, and housing rights. We're here to support you on your journey



Participate in a Workshop that teaches you skills of maintaining a clean and organised bedroom, changing duvet covers, pillowcases, and bed sheets



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