



EMPOWERING SCHOOLS TO IDENTIFY FUNDAMENTAL MOVEMENT SKILL DIFFICULTIES: REDUCING INEQUALITIES AND IMPROVING OUTCOMES FOR CHILDREN

What are fundamental movement skills (FMS)?

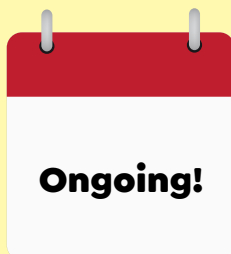
FMS are the motor skills which underpin participation in physical activity.

What is FUNMOVES?

FUNMOVES is an evidence-based FMS screening and intervention tool which was co-produced with schools to enable teachers to assess the FMS of a whole class within an hour.



When will this research take place?



How will this benefit my school?

- You will receive resources to get your children moving and improve FMS
- You will be contributing to the creation of a national dataset

Why are FMS important?

Research has found that FMS have an impact upon health (both physical and mental) as well as academic performance.



What will this involve for my school?

- 1 hour training with all teaching staff
- Years 1-6 completing FUNMOVES (2 staff members per class)
- A researcher observing testing
- Completing complimentary FMS activities in and out of school
- Classes completing the assessment twice, one term apart

Can I change my mind?

Yes, you can withdraw your child's data up to a month after the study by contacting the researcher (details below)



bchc.sendtherapy@nhs.net



Centre for Applied
Education Research



UNIVERSITY of
BRADFORD