

Autism & Me Ambassador

The Communication and Autism Team (CAT) are offering an exciting opportunity for **ten Birmingham secondary schools** to work collaboratively as part of the Autism in Schools Project.

As part of the Autism in Schools Project, the Communication and Autism Team have developed 'Autism & Me'. A programme to support children and young people with a diagnosis of autism to develop a positive autistic identity.

We are inviting schools to identify a member of staff within their setting to work alongside our service and Birmingham Parent Carer Forum to receive training and support to deliver Autism & Me within your setting.

'Autism & Me' is delivered in school over eight sessions (two parent carer workshops and six pupil sessions) and aims to support autistic pupils to:

- Find out more about autism and how it shapes their identity.
- To learn about their strengths and start to understand the challenges they may face.
- To identify support strategies that are individual to them.
- To identify approaches and strategies to share within school to be able to support, understand and make reasonable adjustments to daily practice.

As well as supporting pupils and informing staff, the course can also be used to meet the Autism Education Trust's School Standards and Good Practice Principles:

Principle One: Understanding the strengths, interests and challenges of the autistic child or young person.

Our commitment:

- Training for identified Autism & Me Ambassador to develop autism knowledge and how to deliver Autism & Me.
- Autism & Me materials and guidance.
- Co-delivery of two Autism & Me sessions in your school/setting.
- Birmingham Parent Carer Forum co-delivery of Parent Carer Pre and Post Workshops.
- Ongoing support via half termly drop-in sessions.
- Materials and production of a final report.

School commitment:

- Time to release the Autism & Me Ambassador to attend and train for up to three days total during Autumn Term 2025 and Spring Term 2026.
- To deliver Autism & Me in your setting to an identified number of autistic pupils.
- To work with the Birmingham Parent Carer Forum to co-deliver workshops for parent carers.
- Attendance at half termly drop-in sessions.
- Participate in evaluating the programme through gaining pupil and parent carer views.

What next?

To register your interest please complete the following Microsoft Form:

<https://forms.office.com/e/TtFrMC7BfP>

You will then be invited to an information session on MS Teams Meeting on Thursday 26th June 2025, 15.45 to 16.45pm. Following this meeting you will be able to confirm your interest and provide us with additional information required for selection. **We will then contact successful schools via email by Friday, 4th July 2025 to confirm your involvement in the project.**