

FREE Ready, Steady, Reception! Group

Who is the group for? Reception age (up to 6 children per group)

The group will be run by the Occupational Therapy and Speech and Language Therapy SEND team as a joint project.

Where will it take place? The first session to be virtual. Weeks 1-6 will be face to face within your school.

What will it involve? Senior Therapy Assistants upskilling school staff and providing knowledge to run their own Ready, Steady, Reception! groups focusing on the below subjects:

- Planning meeting **online** prior to the group (SENCo & Teaching Assistant must be present)
- **Week 1:** Communication & Interaction
- **Week 2:** Pre-writing skills
- **Week 3:** Toileting
- **Week 4:** Dressing
- **Week 5:** Mealtimes
- Post-group evaluation 6 weeks later

For the in-person sessions, a Teaching Assistant must be present and be able to commit to the full programme.

Please note: Please email bchc.sendtherapy@nhs.net to be added to a waiting list and contacted in due course.

