

# Person-Centred Review (PCR) Facilitator Training

## Overview

The assessment and planning process should enable children and young people and their parents to express their views, wishes and feelings..... and be part of the decision-making process. This approach is often referred to as a person-centred approach...' (SEN COP 2015)

Person-Centred Thinking Tools and Person-Centred Reviews (PCRs) help to involve young people and their parents in the decision-making process and increase engagement at all stages of the graduated approach.

## Who is it for?

This course is for, Education, Health and Social Care professionals who work with young people and their families. The course will give participants:

### Day 1

- An introduction of the principles of Person-Centred practice.
- A range of practical person-centred tools to develop pupil voice and parental engagement in line with the Code of Practice. These tools can be shared with colleagues in school, to support throughout the graduated approach.

### Day 2

- An understanding of the process and principles of Person-Centred Reviews (PCRs).
- Training in facilitation skills.
- Practical application of the PCR process and how to use information gathered to inform statutory requirements.

Refreshments included. Please bring your own lunch

Visit [www.localofferbirmingham.co.uk/product-category/pss](http://www.localofferbirmingham.co.uk/product-category/pss) to book a place on the course or email [david.w.hill@birmingham.gov.uk](mailto:david.w.hill@birmingham.gov.uk) for more information.

# Person-Centred Reviews - Information for Parents and Carers

## What is a Person-Centred Review (PCR)?



**A Person-centred review is also called a PCR.**

A PCR is a meeting that helps you to be involved in making decisions about your child. Everyone's views are valued equally.

The PCR meeting usually takes place at your child's school or college. The room is set up in a friendly, relaxed way, with music and refreshments chosen by your child.

## What happens during a Person-Centred Review?



At the start of the meeting, we will gather information on posters.

- **Who's here?** - Everyone writes their name, so we know who is at the meeting.
- **Appreciations** - You and everyone else can share what they think we all admire about your child.
- **Aspirations** - You can share what your child wants for their future.



Then everyone at the meeting can add their views to these posters:

- **Important To...** - This poster is for you to write your ideas about what matters most to your child.
- **Best support** - This poster is for ideas on how people can help your child make progress.
- **Working and what's not working** - This poster is for your views about what is going well and what needs to change.



Then, everyone will talk about what people have written on the posters.

Everyone decides on the most important things that have been written down.

We use this information to write on the **Outcomes or Actions** poster so everyone knows what to work on and what will happen next.