





























































Birmingham Adults Community Timetable: 7th July - 1st August 2025

	Activity	Where	When	Cost
Monday 7th July	Football 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	9:30am - 10:30am  → 	£7.50 
Monday 7th July	Line Dancing with Trevor 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:45am - 12:00pm  → 	£7.50 
Monday 7th July	Community Meet Up Stretch and Flow Mobility YOGA with Coffee & Cake 	HL Therapy Studio, 1401 Bristol Road South, B31 2SU	11:00am - 12:15pm  → 	£12 - BOOKING IS ESSENTIAL. Wheelchair Accessible 
Monday 7th July	Digital Content Creating Workshop 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 
Monday 7th July	Dynamo Adults Social Gathering Bingo Night 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	6:00pm - 8:00pm  → 	£7.50 
Tuesday 8th July	Journey Through Music with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50 
Tuesday 8th July	Football 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	10:30am - 11:30am  → 	£7.50 

To book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

Birmingham Adults Community Timetable: 7th July - 1st August 2025

	Activity	Where	When	Cost
Tuesday 8th July	Gardening and Upcycling 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 
Tuesday 8th July	Football 	Moseley School Fitness Centre, Springfield Rd, Birmingham, B13 9NP	5:00pm - 6:00pm  → 	£7.50 
Wednesday 9th July	Community Meet Up T20 Cricket Day Out 	Meet at: Edgbaston Stadium, Edgbaston Rd, Birmingham B5 7QU	2:00pm - 10:00pm  → 	£5.  Booking is essential. Spaces are limited.
Thursday 10th July	Drama Games with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 11:00am  → 	£7.50 
Thursday 10th July	Musical Singalong with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	11:15am - 12:15pm  → 	£7.50 
Thursday 10th July	Walk and Talk 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	11:00am - 12:30pm  → 	Free. 
Thursday 10th July	Arts and crafts 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	1:00pm - 2:30pm  → 	£5 
Thursday 10th July	Sketchbook Sessions 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:15pm - 2:30pm  → 	£7.50 

To book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.





























Birmingham Adults Community Timetable: 7th July - 1st August 2025

	Activity	Where	When	Cost
Friday 11th July	Swimming 	The Sir Doug Ellis Woodcock Sports Centre, Aston University, Woodcock St, Birmingham B4 7ET	10:00am - 11:30am 	£7.50 
Friday 11th July	Creative Minds with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm 	£7.50 
Friday 11th July	Movement and Relaxation With Jacky 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm 	£7.50- Bring a blanket 

To book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

































Birmingham Adults Community Timetable: 7th July - 1st August 2025

	Activity	Where	When	Cost
Monday 14th July	Football 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	9:30am - 10:30am  → 	£7.50 
Monday 14th July	Line Dancing with Trevor 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:45am - 12:00pm  → 	£7.50 
Monday 14th July	Community Meet Up Stretch and Flow Mobility YOGA with Coffee & Cake 	HL Therapy Studio, 1401 Bristol Road South, B31 2SU	11:00am - 12:15pm  → 	£12 - BOOKING IS ESSENTIAL. Wheelchair Accessible 
Monday 14th July	Digital Content Creating Workshop 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 
Monday 14th July	Dynamo Adults Social Gathering Hare and Hounds 	Meet at: Hare and Hounds, 106 High Street Kings Heath, B14 7JZ	6:00pm - 8:00pm  → 	£2.50 if you require support.  Bring spending money for food and drinks
Tuesday 15th July	Journey Through Music with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50 
Tuesday 15th July	Football 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	10:30am - 11:30am  → 	£7.50 

To book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

Birmingham Adults Community Timetable: 7th July - 1st August 2025

	Activity	Where	When	Cost
Tuesday 15th July	Gardening and Upcycling 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 
Tuesday 15th July	Football 	Moseley School Fitness Centre, Springfield Rd, Birmingham, B13 9NP	5:00pm - 6:00pm  → 	£7.50 
Wednesday 16th July	Lets Get FIT Gym Session 	Northfield Leisure Centre, Bristol Road South, Northfield, Birmingham B31 2PD	10:00am - 11:30pm  → 	£7.50 
Wednesday 16th July	Bake Off Cinnamon Swirls 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:30am - 12:00pm  → 	£10 - Booking Essential 
Wednesday 16th July	Creative Dance With Hayley 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:00pm  → 	£7.50 
Thursday 17th July	Weoley Castle Community Centre Closed.			
Friday 18th July	Swimming 	The Sir Doug Ellis Woodcock Sports Centre, Aston University, Woodcock St, Birmingham B4 7ET	10:00am - 11:30am  → 	£7.50 
Friday 18th July	Creative Minds with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50 
Friday 18th July	Movement and Relaxation With Jacky 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm  → 	£7.50- Bring a blanket 

To book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.





















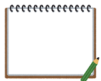







Birmingham Adults Community Timetable: 7th July - 1st August 2025

	Activity	Where	When	Cost
Saturday 19th July	Summer Garden Party with BBQ 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	5pm - 8pm 	£5 admission + £5 food. Booking essential. 

To book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.





























Birmingham Adults Community Timetable: 7th July - 1st August 2025

	Activity	Where	When	Cost
Monday 21st July	Football 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	9:30am - 10:30am  → 	£7.50 
Monday 21st July	Line Dancing with Trevor 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:45am - 12:00pm  → 	£7.50 
Monday 21st July	Community Meet Up Stretch and Flow Mobility YOGA with Coffee & Cake 	HL Therapy Studio, 1401 Bristol Road South, B31 2SU	11:00am - 12:15pm  → 	£12 - BOOKING IS ESSENTIAL. Wheelchair Accessible 
Monday 21st July	Digital Content Creating Workshop 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 
Monday 21st July	Dynamo Adults Social Gathering Chill & Chat - show off your special talent! 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	6:00pm - 8:00pm  → 	£7.50 
Tuesday 22nd July	Sketchbook Sessions 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:30am - 12:00pm  → 	£7.50 
Tuesday 22nd July	Football 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	10:30am - 11:30am  → 	£7.50 

To book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

Birmingham Adults Community Timetable: 7th July - 1st August 2025

	Activity	Where	When	Cost
Tuesday 22nd July	Gardening and Upcycling 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 
Tuesday 22nd July	Football 	Moseley School Fitness Centre, Springfield Rd, Birmingham, B13 9NP	5:00pm - 6:00pm  → 	£7.50 
Wednesday 23rd July	Community Meet Up: Picnic in the Park at a mystery location! 	Location to be revealed on the day! Meet outside: Northfield Shopping Centre, Bristol Road South, B31 2JU	10:30pm - 2:30pm  → 	£2.50 if you require support.  Bring your own lunch or money for food and a blanket
Thursday 24th July	Community Meet Up: Trip to EcoPark 	Meet at: 256-258 Hob Moat Road Bordersley Green B10 9HH	10:30pm - 2:30pm  → 	£20. Booking essential by 8 th July. 
Friday 25th July	Swimming 	The Sir Doug Ellis Woodcock Sports Centre, Aston University, Woodcock St, Birmingham B4 7ET	10:00am - 11:30am  → 	£7.50 
Friday 25th July	Drama Games with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 11:00am  → 	£7.50 
Friday 25th July	Musical Singalong with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	11:15am - 12:15pm  → 	£7.50 

To book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

























Birmingham Adults Community Timetable: 7th July - 1st August 2025

	Activity	Where	When	Cost
Friday 25th July	Movement and Relaxation With Jacky 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm  → 	£7.50- Bring a blanket    
Friday 25th July	Community Meet Up at The Clubhouse 	Meet at: The Clubhouse, Moving Forward Sports, Unit 5C, Waterside Business Park, Stirchley B30 3DR	5:00pm - 7:00pm  → 	£2.50 if you require support.    Booking essential. Bring spending money for food and drinks

To book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.



Birmingham Adults Community Timetable: 7th July - 1st August 2025

	Activity	Where	When	Cost
Monday 28th July	Football 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	9:30am - 10:30am  → 	£7.50 
Monday 28th July	Line Dancing with Trevor 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:45am - 12:00pm  → 	£7.50 
Monday 28th July	Community Meet Up Stretch and Flow Mobility YOGA with Coffee & Cake 	HL Therapy Studio, 1401 Bristol Road South, B31 2SU	11:00am - 12:15pm  → 	£12 - BOOKING IS ESSENTIAL. Wheelchair Accessible 
Monday 28th July	Digital Content Creating Workshop 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 
Monday 28th July	Dynamo Adults Social Gathering Mini Golf at Cannon Hill Park 	Meet at: Midlands Arts Centre Cannon Hill Park B12 9QH	6:00pm - 8:00pm  → 	£2.50 if you require support. £8 for a game. 
Tuesday 29th July	Community Meet Up: B:Eats Live Music at the Symphony Hall 	Meet at: Selly Oak Station Bristol Road B29 6DW	10:30am - 3:00pm  → 	£2.50 if you require support. Booking essential. Free entry to venue Bring money for food & drinks 

To book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

Birmingham Adults Community Timetable: 7th July - 1st August 2025

	Activity	Where	When	Cost
Tuesday 29th July	Football 	Moseley School Fitness Centre, Springfield Rd, Birmingham, B13 9NP	5:00pm - 6:00pm  → 	£7.50 
Wednesday 30th July	Lets Get FIT Gym Session 	Northfield Leisure Centre, Bristol Road South, Northfield, Birmingham B31 2PD	10:00am - 11:30pm  → 	£7.50 
Wednesday 30th July	Bake Off Cake Pops 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:30am - 12:00pm  → 	£10 - Booking Essential 
Wednesday 30th July	Creative Dance With Hayley 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:00pm  → 	£7.50 
Thursday 31st July	Community Meet Up: Cinema Trip 	Meet at: Odeon Luxe Birmingham, Broadway Plaza, 220 Ladywood Middleway B16 8LP	Time to be confirmed	Details to be confirmed. Booking essential.
Friday 1st August	Swimming 	The Sir Doug Ellis Woodcock Sports Centre, Aston University, Woodcock St, Birmingham B4 7ET	10:00am - 11:30am  → 	£7.50 
Friday 1st August	Drama Games with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 11:00am  → 	£7.50 
Friday 1st August	Musical Singalong with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	11:15am - 12:15pm  → 	£7.50 

To book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

Birmingham Adults Community Timetable: 7th July - 1st August 2025

	Activity	Where	When	Cost
Friday 1st August	Movement and Relaxation With Jacky 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm  → 	£7.50- Bring a blanket 

To book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

ACTIVITY DESCRIPTION:

Arts and Crafts:

Join us for group arts and crafts. You can make fun and creative things using materials like paper, paint, and glue, while having a great time with friends.

Bake Off:

A baking session is where you learn to make tasty treats like cakes and cookies. You can have fun mixing ingredients and baking with friends. Bring a container to take your bakes home. Can't make it? Let us know so we can offer your space to someone else.

Community Meet up:

Join us out in the community as we visit different community spaces across Birmingham and the West Midlands.

Creative Dance:

Join Hayley for a fun, creative dance session! You can move to music, learn new dance steps, and express yourself with friends.

Creative Minds:

Join Henry Liggins group creative storywriting session using music as a way to inspire the story.

Cricket:

Cricket is a team sport where you hit a ball with a bat and try to score runs. You'll learn the basics, play games, and have fun with friends.

Digital Content Creating:

Discover your voice, and creative talents and learn how to make amazing online content for the digital world!

Drama with Rob:

Join Rob for a fun group drama session. Drama is about acting and telling stories, and you can explore characters, play games, and perform with friends.

Dynamo Social Club:

An evening social group for 18-35 year olds. Meet new friends and play table tennis, games, quizzes, baking, art, and more.

Football:

Join us for fun football training. Football is a game where you kick a ball to score goals, and you can learn new skills, play with friends, and get active.

Gardening and Upcycling:

Grow plants and reuse old items in clever ways. Enjoy watching the WCCC garden flourish while giving new life to everyday objects!

Journey Through Music:

Join Henry Liggins for a fun, interactive music session! You can play instruments, make your own music, and enjoy creating sounds with friends.

Let's Get Fit:

A gym session is where you can use equipment to exercise and get stronger. You can improve your fitness and have fun working out with others.

ACTIVITY DESCRIPTION:

Line Dancing:

Line dancing is a fun way to dance in a group, where everyone follows the same steps in a line. You can enjoy learning new moves with friends.

Movement and Relaxation:

Exercise, calm down, take deep breaths, and relax with Jacky.

Sing along with Rob:

Join Rob's group music circle and sing along to his guitar playing. Warm up your voice with singing exercises and join in with our percussion instruments.

Sketchbook Sessions:

Develop your art skills and explore a range of techniques.

Summer Garden Party with BBQ:

Join us for a Summer Garden Party with a tasty BBQ. There will be music, games, and time to enjoy the sunshine with friends.

Swimming:

Join us for fun swimming sessions. Swimming is moving through water using your arms and legs, and you can learn new skills, get fit, and have fun.

Walk and talk:

Join us for a gentle walk to enjoy fresh air, nature, and good company. Walk at your own pace and take breaks when you need to.