



Occupational Therapy Newsletter



Virtual Training

FREE virtual training to book for Birmingham Early Years Settings.

We complete training in a wide range of topics that can help to provide universal support in your setting. Our new topics for 2025-26 include Sensory transitions and routines. Our past presentations are available for whole setting training on request.

Once you have completed the training and applied some of the strategies you can detail this in your pre-meeting form for advice meetings.

Book your place on Eventbrite!

Spill the Tea with OT

Occupational Therapy led coffee morning for Birmingham families. OTs can deliver specific training topics to families and receive a booklet with the information following the training.

Please express your interest via email.

Don't Forget!

Advice Meetings:

Book a 30-minute virtual advice meeting with an Occupational Therapist if you would like some advice on supporting children once you have met the pre-criteria.

Stay and Play:

Invite us, we can answer questions from parents and provide advice and signposting.

Fun with Food

Join OT and Speech & Language Therapy virtually to discuss feeding & eating difficulties and strategies to support in your settings.

1st October at 09:30-11:00

If you are interested in developing Fun with Food groups in your setting, you can email us your interest, and a member of our staff come to your setting to support setting up the group to engage in food play. Please note the training must be attended pre-group.

Sensory Circuit Training

Sensory Circuits are a series of motor activities that aim to support with sensory regulation. This training explores how to run and implement sensory circuits.

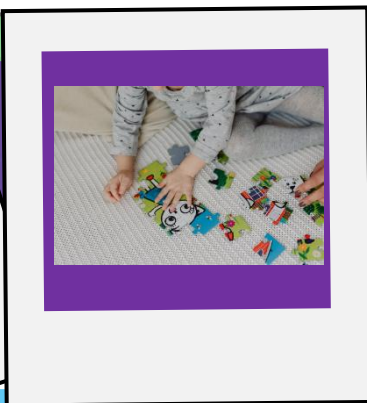
For settings:

18th November 25 at 09:30- 12:00

For Birmingham Families:

Birmingham families can access our 'Sensory Circuit at Home' training virtually via reserving a space on our Eventbrite page.

Alternatively, if the setting has 10-20 parent/carers that would attend an in-person sensory circuit training at nursery, they can host the training run by an OT.



Contact Us!

Email: bchc.sendtherapy@nhs.net

Eventbrite: www.eventbrite.co.uk/o/bchc-send-occupational-therapy-team-58871323623

NHS

**Birmingham
Community Healthcare**
NHS Foundation Trust