



Occupational Therapy Newsletter



Virtual Training

FREE virtual training to book for Birmingham mainstream schools.

We complete training in a wide range of topics that can help to provide universal support in your school. Our new topics for 2025-26 include Next stages to Handwriting and Sensory transitions and routines. Our past presentations are available for whole school training on request.

Once you have completed the training and applied some of the strategies you can detail this in your pre-meeting form for advice meetings.

Book your place on Eventbrite!

Spill the Tea with OT

Occupational Therapy led coffee morning for Birmingham families. OTs can deliver specific training topics to families and receive a booklet with the information following the training.

Please express your interest via email.

Don't Forget!

Advice Meetings:

Book a 30-minute virtual advice meeting with an Occupational Therapist if you would like some advice on supporting children once you have met the pre-criteria.

Coffee Morning:

Invite us, we can answer questions from parents and provide advice and signposting.

OT Skill Builders

This programme supports a member of staff to run an intervention group in school. The staff member will receive support with assessing baselines, measuring outcomes, designing session plans and running intervention groups. Topics include independent travel to school, meal preparation and media leisure (touch typing/ computer skills).

If you are interested in this programme, please contact via email to be added to the waiting list.

Sensory Circuit Training

Sensory Circuits are a series of motor activities that aim to support with sensory regulation. This training explores how to run and implement sensory circuits.

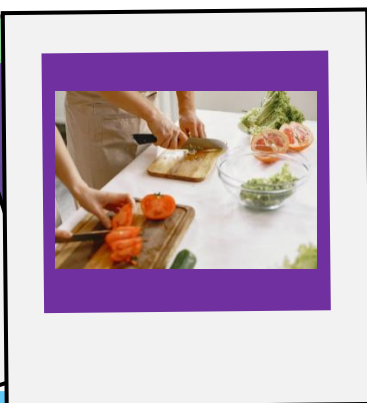
For settings:

25th November 25 at 09:30- 12:00

For Birmingham Families:

Birmingham families can access our 'Sensory Circuit at Home' training virtually via reserving a space on our Eventbrite page.

Alternatively, if the setting has 10-20 parent/carers that would attend an in-person sensory circuit training at school, they can host the training run by an OT.



Contact Us!

Email: bchc.sendtherapy@nhs.net

Eventbrite: www.eventbrite.co.uk/o/bchc-send-occupational-therapy-team-58871323623



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