



Occupational Therapy Newsletter



Sensory Circuit Training

Sensory Circuits are a series of motor activities that aim to support with sensory regulation. This training explores how to run and implement sensory circuits within your setting.

18th November 25 at 09:30 - 12:00

Alternatively, if you have 10-20 staff members or parent/carers that would attend an inperson sensory circuit training at your setting, you can host the training run by a SEND OT.

Spill the Tea with OT

Occupational Therapy (OT) led coffee mornings for Birmingham families. OT's can deliver a short 20-minute presentation to your families in your setting.

Please express your interest via our email and choose from a list of OT topics.

Don't Forget!

Advice Meetings:

We can offer a 30-minute virtual advice meeting with an OT to discuss OT concerns. Please ensure you have accessed our other SEND offer.

Multi-agency Coffee Mornings/ Stay and Plays:

Invite us, we can provide advice and signposting to parents.











Join OT and Speech & Language Therapy virtually to discuss feeding & eating difficulties and strategies to support children in your settings.

26th November at 09:30-11:00

Are you interested in developing Fun with Food groups pt2 within your setting? SEND Therapy can support your setting to set-up the group to engage children in food play. Please note that the part 1 virtual training must be attended pre-group set-up.

This training is for early years (nursery and reception) children

Ready, Steady, Reception

This is a joint training programme with Speech and Language Therapy and Occupational Therapy to upskill staff to run intervention groups, focussing on school readiness; communication and interaction, pre-writing skills, toileting, dressing and mealtimes.

This training is for early years (nursery and reception) children









Contact Us!

Email: bchc.sendtherapy@nhs.net

Eventbrite: www.eventbrite.co.uk/o/bchc-send-occupational-

therapy-team-58871323623





Birmingham Community Healthcare

NHS Foundation Trust

Date: Autumn Issue: 2







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Parent Offer



Sensory Circuits are a series of motor activities that aim to support with sensory regulation. This training explores how to run and implement sensory circuits and implement them into your child's daily routines.

6th November at 09:00-11:30 Blakenhale Community Hub Book via Eventbrite





Parents, professionals and education staff can contact the OT advice line to gain advice and signposting on children's OT needs.

Monday-Friday, 09:00-16:00

0121 683 2325

Interpreting Advice Line information is found on our website, please see the link below.

OT Advice Packs

On our website you can find a variety of advice packs where you can find information to support with: self-care skills, schoolbased skills and sensory.

Contact Us!

Website: <u>www.bhamcommunity.nhs.uk/paediatric-occupational-therapy</u>

Eventbrite: www.eventbrite.co.uk/o/bchc-send-occupational-therapy-team-58871323623





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BCHC Children's Occupational Therapy



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