



Occupational Therapy Newsletter



Sensory Circuits are a series of motor activities that aim to support with sensory regulation. This training explores how to run and implement sensory circuits.

25th November 25 at 09:30 - 12:00

Alternatively, if you have 10-20 staff members or parent/carers that would attend an inperson sensory circuit training at your setting, you can host the training run by a SEND OT.

# Spill the Tea with OT

Occupational Therapy led coffee mornings for Birmingham families. OTs can deliver specific training topics to families and receive a booklet with information following the training.

Please express your interest via email.

## Don't Forget!

#### **Advice Meetings:**

Book a 30-minute virtual advice meeting with an Occupational Therapist if you would like some advice on supporting pupils once you have met the pre-criteria.

Multi-agency Coffee Mornings: Invite us, we can provide advice and signposting to parents face to face.











Birmingham Community Healthcare

**NHS Foundation Trust** 

#### **OT Skill Builders**

This programme supports a member of staff in school to set up and run intervention groups in school.

The training works on the development on life skills such as independent travel, meal preparation and media leisure (touch typing skills). Gain support around how to identify young people for groups, assess baselines, design session plans and run intervention groups.

Please express your interest via email.



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**Parent Offer** 

# **Sensory Circuit Training**

Sensory Circuits are a series of motor activities that aim to support with sensory regulation. This training explores how to run and implement sensory circuits and implement them into your child's daily routines.

6<sup>th</sup> November at 09:00-11:30 Blakenhale Community Hub Book via Eventbrite





Parents, professionals and education staff can contact the OT advice line to gain advice and signposting on children's OT needs.

Monday-Friday, 09:00-16:00

0121 683 2325

Interpreting Advice Line information is found on our website, please see the link below.

### OT Advice Packs

On our website you can find a variety of advice packs where you can find information to support with: self-care skills, schoolbased skills and sensory.

#### **Contact Us!**

**Website:** <u>www.bhamcommunity.nhs.uk/paediatric-occupational-therapy</u>

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**Eventbrite:** www.eventbrite.co.uk/o/bchc-send-occupational-therapy-team-58871323623

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