



Occupational Therapy Newsletter



Sensory Circuit Training

Sensory Circuits are a series of motor activities that aim to support with sensory regulation. This training explores how to run and implement sensory circuits within your setting. The next upcoming sensory circuit training is on: **25/02/2026, 09:00-12:00**

Arrive at 9am for a 09:15 start. Venue TBC, one staff member per setting

Alternatively, if you have 10-20 staff members or parent/carers that would attend an in-person sensory circuit training at your setting, you can host the training run by a SEND OT.

Spill the Tea with OT

Occupational Therapy (OT) led coffee mornings for Birmingham families. OT's can deliver a short 20-minute presentation to your families in your setting.

Please express your interest via our email and choose from a list of OT topics.

Don't Forget!

Advice Meetings:

SEND OT can offer a 30-minute virtual advice meeting with an OT to discuss OT concerns. Please ensure you have accessed our other SEND OT offers.

Multi-agency Coffee Mornings/ Stay and Plays:

Invite SEND OT, they can provide advice and signposting to parents.



Fun with Food Training Pt1

Join SEND OT and Speech & Language Therapy virtually to discuss feeding & eating difficulties and strategies to support children in your settings.

28th January at 09:30-11:00

You will be supported to develop Fun with Food groups within your setting, with a focus on engaging children in food play. Please note that the part 1 virtual training must be attended pre-group set-up.

This training is for early years- nursery, reception and KS1 children

Ready, Steady, Reception

This is a joint training programme with Speech and Language Therapy and SEND OT to upskill staff to run intervention groups, focussing on school readiness; communication and interaction, pre-writing skills, toileting, dressing and mealtimes.

This training is for early years- nursery and reception children

Virtual Training

SEND OT offer virtual training to settings on a variety of topics including sensory training.

Discover and book our training via Eventbrite



Contact Us!

Email: bchc.sendtherapy@nhs.net

Eventbrite: www.eventbrite.co.uk/o/bchc-send-occupational-therapy-team-58871323623



NHS

**Birmingham
Community Healthcare**
NHS Foundation Trust



SEND
BIRMINGHAM

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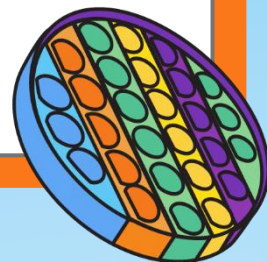
Birmingham Families Offer

Sensory Circuit Training

Sensory Circuits are a series of motor activities that aim to support with sensory regulation. This training explores how to run and implement sensory circuits, incorporating this intervention into your child's daily routines.

21st January 2026 at 09:30-11:00

Virtual Training
Book via Eventbrite



OT Advice Line

Parents, professionals and education staff can contact the OT advice line to gain advice and signposting on children's OT needs.

Monday-Friday, 09:00-16:00

0121 683 2325

Interpreting Advice Line information is found on our website, please see the link below.

OT Advice Packs

On our website you can download a variety of advice packs with information to support: self-care skills, school-based skills and sensory processing.

Contact Us!

Website: www.bhamcommunity.nhs.uk/paediatric-occupational-therapy

Eventbrite: www.eventbrite.co.uk/o/bchc-send-occupational-therapy-team-58871323623



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