



SEND Occupational Therapy Newsletter



Early Years & Primary

Sensory Circuits

Sensory Circuits are a series of motor activities that aim to support children & young people with sensory regulation. This can support engagement in learning, if you would like to know more about how to structure a sensory circuit in your setting, please email the team.

Last term SEND Occupational Therapy (OT) supported by delivering online training to multiple schools during inset days and twilight sessions 15.30 – 16.30.

Feedback: "Class teachers have noticed more engagement and reduced anxiety. They have seen the difference when children come back regulated"

Ready, Steady Reception

SEND OT can support your setting to set up and run intervention groups, ready steady reception is a targeted group to support school readiness for early years. This has been created by both Occupational Therapists & Speech & Language therapists.

Feedback: "I feel confident in delivering these interventions and adapting the strategies to meet the individual needs of the children I support."

Fun with Food

Online training and support with setting up a fun with food group in your setting for children that are not open to trying new foods.

Feedback: "Before the intervention, Child A struggled to try new foods and became anxious during snack and lunchtime. After the intervention they fully enjoyed the experience and became more confident engaging with different foods through play."

Please contact the team if you are interested in this offer

Contact Us

Contact: bchc.sendtherapy@nhs.net

OT Website:
www.bhamcommunity.nhs.uk/child-OT

Eventbrite Training:
www.eventbrite.co.uk/o/bchc-send-occupational-therapy-team-58871323623