

Social, Emotional, and Wellbeing

What you might see:

You might see a child who:

lacks confidence and avoids challenging work.

says they cannot complete tasks.

seeks reassurance frequently.

uses negative self-talk.

worries about making mistakes.

appears overly confident and rushes into tasks.

compares themselves negatively with others.

struggles to accept correction or feedback.

Feelings about self

What you can try:

Reflective question: Before applying the strategies below, consider, 'what might this behaviour be communicating about their social development needs?'

- Offer key adult support – intensive support provided directly to pupils by a member of staff trained in relational and therapeutic support to promote the co-regulation of emotions.
- Offer support from trained staff such as ELSAs.
- Set personalised learning goals and celebrate progress frequently.
- Use visual trackers so pupils can see their progress over time.
- Use strengths-based approaches by identifying pupils' strengths and building these into learning activities.