

Sensory and Physical

What you might see:

You might see a child who:

is still developing independence with toileting routines and is below age-expected levels.

needs more support than expected to manage toileting independently.

is not stable when sitting on the toilet.

has difficulty wiping themselves after using the toilet.

is unable to pull clothing up or down independently for toileting.

Personal Care

What you can try:

- Plan personal care support in partnership with the child and their family, with respect for privacy, dignity, and self-esteem.
- Use visual cues and quiet verbal prompts to support toileting routines.
- Ensure staff are available to support discreetly if needed, for example following an accident.
- Use equipment such as toilet trainer seats or steps to support independence.
- Make sure taps, soap, and paper towels are easy for children to use.
- Provide appropriate toilet facilities, such as lower toilets or grab rails, where needed.