

# Relational and Resilient Schools

## Our Guiding Principles

1

### **Prioritise proactive support at a universal level**

Build systems that support the needs of all pupils. Focus on preventative rather than reactive approaches and adopt whole-school policies that create safety, consistency and predictability.



2

### **Empower through training and knowledge**

Positive changes begin with adults. Invest in staff development so that everyone feels equipped, confident and empowered to respond to learners' needs.



3

### **Build supportive conditions**

Recognise that behaviour is shaped by context. Make meaningful environmental adjustments to help learners succeed.



4

### **Adopt a holistic perspective**

Move away from seeing the problem as existing within the child. Consider the whole picture and shift your perspective to consider strengths, protective factors and unmet needs.



5

### **Build relationships as the foundation for change**

Safe, trusting, attuned relationships are the most powerful drivers of wellbeing, engagement and behaviour change.



6

### **Respond with curiosity, not judgement**

Avoid blame and shame. Approach challenges with curiosity, compassion and understanding.

