Play Matters

Spill the Tea Coffee Morning



What is it?

This **FREE** early years training is designed to upskill parents or carers, giving them the knowledge and confidence to support their children in building skills through play and learn more about the importance of play and communication. This is offered as a coffee morning in your setting for families to attend. It will be delivered by a Senior Therapy Assistant (STA). You will also receive a **FREE** resource pack to support implementation for both staff and families.

How to book

Contact your link Speech and Language Therapist to add you to our waiting list or email us at bchc.sendtherapy@nhs.net

You will then be contacted by an STA to book a date and time and answer any questions you may have

What is covered?

- What “play” really means
- Why play is essential for development
- How children communicate through play
- Simple strategies to support your child
- Play ideas using everyday objects



Birmingham Community Healthcare NHS Foundation Trust