Ready Steady Reception

FREE Training



What is it?

Ready Steady Reception is a training program, designed to upskill staff, giving them the knowledge and confidence to implement Ready Steady Reception intervention groups within their setting. This training will be delivered and supported by Senior Therapy Assistants (STA) who work alongside Speech and Language Therapists and Occupational Therapists in SEND Therapy (NHS)

What will it involve?

- A face-to-face introduction session with STA for planning
- Completing a checklist as a screening tool for the whole of reception to identify 6 key children scoring below 40
- Consent will be needed from families for the children attending the group
- 5 practical group sessions in your setting with the children, supported by the STA. Each session will include practising strategies which will target different skills to support children's development.

The sessions:

Introduction session (up to 90 minutes):

A short presentation to explain the process in more detail with your allocated STA and time to plan the sessions. Staff member who will run the intervention group must be present.



Practical sessions (60 minutes):

- Week 1: Communication & Interaction
- Week 2: Pre-writing skills
- Week 3: Toileting
- Week 4: Dressing
- Week 5: Mealtimes



Please email bchc.sendtherapy@nhs.net to be added to our waiting list and contacted in due course.

Birmingham Community Healthcare NHS Foundation Trust