**Supporting questions for Person-Centred PfA Review**

**The following questions can be asked in order to focus meetings on key priorities in adulthood for the young person:**

**Where will the young person be living and how independent will they be? Will they be able to:**

* travel on their own
* cook meals
* go shopping
* make simple choices
* determine their own daily schedule
* dress and care for themselves
* arrange health appointments
* decide what activities to do
* recognise danger
* handle money, including applying for benefits, using a contactless card etc?

WHAT COULD THE YOUNG PERSON ACHIEVE USING THEIR STRENGTHS AND HOW CAN THEY BE SUPPORTED??

**What will they be doing every day and how will they be positively employed? Will they be:**

* at university
* working
* volunteering
* completing part-time work supported by a job coach or personal assistant
* running their own enterprise
* attending daytime activities in the community
* attending a day placement funded by adult social care
* attending a voluntary sector employability programme
* living in an institution cared for by paid staff etc?

WHAT DOES THE YOUNG PERSON NEED TO LEARN IN ORDER TO ACHIEVE THIS AND BE AS INDEPENDENT AND SAFE AS POSSIBLE?

**How will they be part of their community? Who will be their friends and their support network? Will they be able to:**

* access leisure activities
* use social media to contact friends or family
* vote
* join a library and go to other public events
* make their views heard etc?

WHAT CAN BE DONE TO ENSURE THAT THE YOUNG PERSON TAKES A FULL AND EQUAL PART IN SOCIETY?

**Will they remain as healthy as possible? How will they:**

* maintain good physical and mental health
* make healthy food choices
* do enough exercise
* self-medicate
* access preventative and emergency healthcare/dentists
* go to an annual health check with the GP
* seek help if depressed or anxious etc?

WHAT KIND OF SKILLS MIGHT THE YOUNG PERSON LEARN NOW THAT WILL HELP THEM TO LEAD A HEALTHY ADULT LIFE?